WAHACA'S ALLERGEN & DIETARY REQUIREMENTS GUIDE

HOW TO USE OUR ALLERGEN GUIDE

Our guide will let you know which of the 14 main allergens are in our dishes, as well as garlic and onion. Whilst an allergen may not be listed in the menu description, it may be present in the dish. A black dot (●) means that the specified allergen **IS** present, making it unsuitable if you are avoiding this allergen. In some instances, our chefs can prepare a dish in a way that removes the allergen – this is shown with a pink dot (●). Dishes suitable for vegetarians and vegans are marked with a tick (✓) in the relevant column, and with a pink tick (✓) when our chefs can make a change so they are suitable.

KEY

● / ● = allergen present / allergen can be removed

●w/s/b/o/r = the gluten present in the dish Is wheat (w), spelt (s) barley (b), oats (o) or rye (r)

●p/c/a/m = the tree nut present in the dish is pecan nuts (p), cashew nuts (c), almonds (a) or macadamia nuts (m)

✓ / ✓ = **suitable** for vegetarians, vegans or dish **is** deep-fried / **can be** made suitable or deep-fried ingredient removed

/ = Part of the dish has been fried in oil that may contain traces of Allergens not In the dish Itself / The fried element of the dish can be removed.

NUTS/ALLERGENS We cook in an open kitchen environment and currently use nuts and other allergens throughout our menus. Although care is always taken, we cannot guarantee there is no cross contamination of products in any of our dishes. We do not have separated preparation areas for allergenic ingredients or separated fryers. In addition, our external suppliers cannot guarantee that supplied products have no traces of nuts or other allergens present. Please speak to a manager If you have any concerns. In this guide, ●p indicates the tree nut present is pecan nuts; ●c indicates cashew nuts; ●a indicates almonds; ●m indicates macadamia nuts; ●p/c/a/m indicates the dish can be modified to be free from tree nuts.

OIL & FRYERS ⟨DEEP FRIED⟩ If you are concerned about cross-contamination, please see the grey column which marks deep-fried dishes with a tick (✓). If the deep-fried element can be removed, it is marked with a pink tick (✓). Some dishes - whilst not containing an allergen or ingredient themselves - are cooked in our deep-fryers. Whilst our fryers are cleaned & filled with fresh oil regularly, they may have also been used to cook products containing other allergens, in which case these dishes are marked with a black asterisk (*) to denote that the dish could contain traces of the following allergens; **Gluten, Fish, Milk, Mustard, Soya, Sulphites, as well garlic and onion.** Dishes marked with a pink asterisk (*) can have the fried element of the dish removed. Please also note that we cook **pork** in our fryers. While this can be segregated in some of our restaurants, it is not always possible. If you are concerned about cross-contamination, please speak to the restaurant manager.

GLUTEN We have a separate gluten information menu available on request. In this guide, ●w indicates the gluten present is in wheat; ●s indicates spelt; ●b indicates barley; ●o indicates oats; ●r indicates rye; ●w/s/b/o/r indicates the dish can be modified to be gluten free.

VEGETARIAN / VEGAN DIETS We define dishes suitable for vegetarians as those which do not contain meat or fish as an ingredient & dishes suitable for vegans as those which do not contain animal products as an ingredient. Suitable dishes are marked with a tick (✓) in the relevant column. If our chefs can make a change to make a dish suitable, it is marked with a pink tick (✓). We have a separate vegan information menu available on request. Please see our note above regarding oil & fryers - if you are concerned about cross-contamination of this nature, please avoid dishes marked as deep-fried.

DAIRY All of our dairy products are pasteurised, except for the cheese in the **Crispy Potato Esquites**. If you are avoiding unpasteurised dairy, please ask for this to be removed.

NUTRITIONAL INFORMATION This can be found on our table menus and on our website for all food dishes and non-alcoholic drinks.

DRINKS We have a separate allergy guide for our drinks menu, please ask your waiter if you require this. Oat milk is available in all of our restaurants as a dairy substitute, please ask if you would like to swap regular milk for this.

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VEGAN MENU

PLU	ENTRADAS & SIDES	VEGETARIAN?	VEGAN?	DEEP FRIED?	GLUTEN	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES	GARLIC	ONION
6221	Butter bean & confit garlic dip with jalapeño oil *	✓	✓	✓														●	●	
1453	Guacamole	✓	✓																	●
5366	Guacamole with chilli oil	✓	✓															●	●	●
5851	Homemade tortilla chips *	✓	✓	✓																
1106	Gluten-free tortilla chips	✓	✓	✓																
5664	Vegan nachos *	✓	✓	✓														●	●	●
132	Sweet potato side *	✓	✓	✓															●	●
6193	Avocado, cos & rocket salad	✓	✓										●	●a		●		●		
6125	Vegan frijoles	✓	✓																●	●
5712	Salsa trio	✓	✓											●a,p		●			●	●
6113	Grilled tenderstem broccoli	✓	✓											●a		●			●	●
	STREET FOOD																			
1249	Vegan plantain taco *	✓	✓	✓									●					●	●	●
6230	Roast mushroom tacos *	✓	✓	✓										●a,p		●		●	●	●
5725	Vegan black bean quesadilla	✓	✓		●w														●	●
6253	Vegan chipotle glazed aubergine	✓	✓											●a, m,c		●		●	●	●
6233	Corn & bean tostada *	✓	✓	✓										●a,p		●			●	●

	BURRTITO & BOWLS	VEGETARIAN?	VEGAN?	DEEP FRIED?	GLUTEN	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES	GARLIC	ONION
6196	Vegan mushroom burrito *	✓	✓	✓	●w													●	●	●
6199	Sunshine bowl base *	✓	✓	✓									●	●a		●		●	●	●
6191	Sunshine bowl with sweet potato *	✓	✓	✓									●	●a		●		●	●	●
	VEGAN WAHACA FOR 1																			
	Guacamole	✓	✓																	●
	Butter bean dip with jalapeño oil *	✓	✓	✓														●	●	
	Homemade tortilla chips *	✓	✓	✓																
	Corn & bean tostada *	✓	✓	✓										●a,p		●			●	●
	Vegan plantain tacos *	✓	✓	✓									●					●	●	●
	Roast mushroom tacos *	✓	✓	✓										●a,p		●		●	●	●
	DESSERTS																			
4226	Vegan churros *	✓	✓	✓	●w												●			
6018	Jude's ice cream	✓	✓														●			
6240	Mango sorbet with tajin	✓	✓																	
6242	Lime & agave sorbet with GC blanco	✓	✓																	
5745	Vegan chocolate ice cream scoop	✓	✓																	

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MAIN MENU

PLU	ENTRADAS	VEGETARIAN?	VEGAN?	DEEP FRIED?	GLUTEN	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES	GARLIC	ONION
6221	Butter Bean & Confit Garlic Dip with jalapeño oil *	✓	✓	✓														●	●	
6222	Butter Bean & Confit Garlic Dip with sobrasada *			✓														●	●	
1453	Guacamole	✓	✓																	●
5366	Guacamole with chilli oil	✓	✓															●	●	●
5851	Homemade tortilla chips *	✓	✓	✓																
1106	Gluten-free tortilla chips	✓	✓	✓																
6159	House nachos *	✓	✓	✓							●							●	●	●
6158	House nachos with chorizo *			✓							●							●	●	●
6236	House hot sauce	✓	✓														●	●	●	●
5712	Salsa trio	✓	✓											●a,p		●			●	●
PLU	**SMALL PLATES**																			
	TACOS																			
6114	Pork pibil										●							●	●	●
4213	Plantain *	✓	✓	✓							●								●	●
6188	Grilled chicken and avocado																	●	●	●
6011	Beef gringa										●							●	●	●
6115	Halloumi Al Pastor	✓									●		●					●	●	●
6230	Roast ancho mushroom *	✓	✓	✓										●a,p		●		●	●	●
6192	Grilled achiote seabass *			✓					●					●a,p		●		●	●	●
	BAJA TACOS																			
6186	Buttermilk chicken *			✓	●w			●			●		●					●	●	●
4232	Baja fish *			✓	●w			●	●		●		●					●	●	●
	QUESADILLAS																			
5359	Grilled ajillo chicken club				●w			●			●							●	●	●
6047	Grilled chorizo				●w						●							●	●	●
5505	Black bean & three cheese	✓	✓		●w						●								●	●

PLU	PLATITOS	VEGETARIAN?	VEGAN?	DEEP FRIED?	GLUTEN	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES	GARLIC	ONION
948	Sweet potato & feta taquito *	✓		✓				●			●						●	●	●	●
5534	Crispy cauliflower bites *	✓		✓	●w			●			●		●						●	●
6251	Yellowfin tuna tostadas *			✓				●	●		●			●a,p		●	●	●	●	●
6252	Chipotle glazed aubergine	✓	✓								●			●a, m,c		●		●	●	●
6225	Smoky pork belly skewer *			✓		●											●	●	●	●
6232	Corn, bean & feta tostada *	✓	✓	✓							●			●a,p		●			●	●
	SUNSHINE BOWLS																			
6199	Sunshine bowl base *	✓	✓	✓									●	●a		●		●	●	●
6189	*With grilled chicken* *			✓									●	●a		●		●	●	●
6190	*With halloumi* *	✓		✓							●		●	●a		●		●	●	●
6191	*With sweet potato* *	✓	✓	✓									●	●a		●		●	●	●

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	BURRITOS	VEGETARIAN?	VEGAN?	DEEP FRIED?	GLUTEN	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES	GARLIC	ONION
6108	Grilled chicken burrito *			✓	●w						●							●	●	●
6110	Pork pibil burrito *			✓	●w						●							●	●	●
6107	Slow-cooked beef burrito *			✓	●w						●							●	●	●
6228	Mushroom burrito *	✓	✓	✓	●w						●							●	●	●
	WAHACA FOR 1																			
	Guacamole	✓	✓																	●
	Butter bean dip with jalapeño oil *	✓	✓	✓														●	●	
	Homemade tortilla chips *	✓	✓	✓																
	Sweet potato & feta taquito *	✓		✓				●			●						●	●	●	●
Choice of two tacos	Buttermilk chicken *			✓	●w			●			●		●					●	●	●
	Baja fish *			✓	●w			●	●		●		●					●	●	●
	Beef Gringa										●							●	●	●
	Pork pibil										●							●	●	●
	Plantain *	✓	✓	✓							●								●	●
	Roast ancho mushroom *	✓	✓	✓										●a,p		●		●	●	●
	SIDES																			
132	Sweet potato *	✓	✓	✓															●	●
5718	Sweet potato bravas *	✓	✓	✓				●											●	●
192	Frijoles	✓	✓								●								●	●
1164	Frijoles with sobrasada																		●	●
6193	Avocado, cos & rocket salad	✓	✓										●	●a		●		●		
6113	Grilled tenderstem broccoli	✓	✓											●a		●			●	●
PLU	**SPECIALS**																			
6259	Hibiscus Glazed Wings *			✓		●										●		●	●	●
6037	Crispy Potato Esquites *	✓		✓				●			●								●	●
PLU	**DESSERTS**	VEGETARIAN?	VEGAN?	DEEP FRIED?	GLUTEN	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES	GARLIC	ONION
271	Churros y chocolate *	✓	✓	✓	●w						●						●			
276	Churros y cajeta caramel *	✓	✓	✓	●w						●									
6234	Chocolate mole cake	✓			●w			●			●			●p		●	●			
6016	Ice cream sundae	✓			●w			●			●			●p		●	●			
6235	The frozen flight	✓	✓								●									
6240	Mango sorbet with tajin	✓	✓																	
6242	Lime & agave sorbet with GC blanco	✓	✓																	
6241	Vanilla ice cream with Cazcabel coffee	✓									●									
5339	Ice cream salted caramel	✓									●									
5340	Ice cream vanilla	✓									●									
5745	Ice cream vegan chocolate	✓	✓																	

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PLU	KIDS' MENU	VEGETARIAN?	VEGAN?	DEEP FRIED?	GLUTEN	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES	GARLIC	ONION
9695	Veg rainbow bowl *	✓	✓	✓							●								●	●
1091	Veg build your own taco *	✓	✓	✓	●w						●								●	●
9245	Chicken rainbow bowl *			✓							●								●	●
1089	Chicken build your own taco *			✓	●w						●								●	●
9577	Fish rainbow bowl *			✓	●w				●		●								●	●
1088	Fish build your own taco *			✓	●w				●		●									●
	Cheesy toasted quesadilla sandwiches																			
1092	with gooey melted cheese *	✓		✓	●w						●									●
1093	with grilled chicken *			✓	●w						●								●	●